

MAY 2025

BREAKFAST



This institution is an equal opportunity employer and provider



Nutrition Tip: Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.

Reference: USDA MyPlate



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Chocolate Muffins **5**
Yogurt Apples
O.J. Skim Milk

French Toast Sticks **6**
Pears O.J.
Skim Milk

Eggs Toast **7**
Mixed Fruit O.J.
Skim Milk

Breakfast Pizza **1**
Oranges
Apple Juice
Skim Milk

Minni Cinnis **2**
Peaches
O.J.
Skim Milk

Cereal **12**
Granola Bar
Applesauce
O.J. Skim Milk

Waffles **13**
Pineapple
O.J.
Skim Milk

Breakfast Corn Dog **14**
Melon O.J.
Skim Milk

Blueberry Bagels **15**
Apples
O.J.
Skim Milk

Breakfast Pizza **16**
Mixed Fruit
O.J.
Skim Milk

Pop tarts **19**
Trix Yogurt
Pears O.J.
Skim Milk

Pancakes **20**
Tropical Fruit
O.J.
Skim Milk

Cheese Omelet **21**
Pineapple
O.J.
Skim Milk

Breakfast Burrito **22**
Apples Salsa
O.J.
Skim Milk

Minni Cinis **23**
Strawberries
O.J.
Skim Milk

No School **26**

Cereal **27**
Oatmeal Bar
Applesauce O.J.
Skim Milk

Ham & Egg Bar **28**
Mixed Fruit
O.J.
Skim Milk

French Toast **29**
Apple Juice
Oranges
Skim Milk

Pancakes **30**
Mixed Fruit
O.J.
Skim Milk