January 12th is National Gluten Free Day. Start the day with gluten free whole grain cereal or foods that are naturally gluten free like yogurt and fruit.

BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			No School 01	No School 02
Muffins Apples O.J. Skim Milk 05	**French Toast Sticks** **Mixed Fruit** **O.J.** **Skim Milk** 06	Egg Patty WG Biscuits Oranges Apple Juice Skim Milk 07	Chocolate Donuts Go Gurt Tropical Fruit O.J. Skim Milk 08	Blueberry Waffles Strawberries O.J. Skim Milk 09
Cereal **WG Muffins** **Pears O.J.** **Skim Milk** 12	Pancake Sandwich Apples O.J. Skim Milk 13	Breakfast Pizza Mixed Fruit O.J. Skim Milk 14	Mini Cinnis Oranges Grape Juice Skim Milk 15	Bagels Strawberries O.J. Skim Milk 16
No School 19	Breakfast Bar Peaches O.J. Skim Milk 20	Breakfast Burritos Salsa Applesauce O.J. Skim Milk 21	Breakfast Corn Dog Pears O.J. Skim Milk 22	French Toast Stick Mixed Fruit O.J. Skim Milk 23
Cereal Oatmeal Bar Apple Slices O.J. Skim Milk 26	**Mini Cinnis** **Peaches** **O.J.** **Skim Milk** 27	Egg Omelet Wheat Toast Mixed Fruit O.J. Skim Milk 28	Pancake Puffs Pineapple O.J. Skim Milk 29	Bagels w/cheese Pears O.J. Skim Milk 30

JANUARY 2026