

APRIL 2025



Nutrition Tip: Make Fruit More Appealing. Make a fruit smoothie by blending fat-free or low-fat milk or yogurt with fresh or frozen fruit. Try bananas, peaches, strawberries, or other berries.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

No School

Eggs
Hashbrowns
Corn
Oranges
Biscuits 1

Crispitos
Refried Beans
Salsa
Melo
Cornbread 2

Chicken Sandwich
Sweet Potato Fries
Romaine Lettuce
Fresh Strawberries 3

Mac&Cheese
Celery/Carrots
Apples
Mini Garlic Bread 4

Pizza Crunchers
Broccoli/Cauliflower
Pears
WG Cookie 7

Cheeseburger
Baked Beans
Star Fries
Applesauce 8

Chicken Strips
Potatoes
Green Beans
Pineapple
WG Roll 9

Corndogs
Carrots/Cucumbers
Sunchips
Mixed Fruit 10

No School 11

Breadsticks
Corn
Marinara Sauce
Graham Cracker
Oranges 14

Chicken Nuggets
Sweet Potato Fries
Peas
Strawberries 15

Walking Tacos
Refried Beans
Salsa
Apple Slices 16

Turkey Hot Dogs
Smiley Fries
Broccoli
Tropical Fruit 17

No School 18

No School 21

Pork Sandwich
Potato Wedges
Baked Beans
Peaches 22

Cheese Bread
Carrot Coins
Marinara Sauce
Applesauce 23

Chicken Fajitas
Romaine Lettuce
Salsa
Melon
WG Cookie 24

Pancake on Stick
Potato Puffs
Celery
Bananas 25

Popcorn Chicken
Sweet Potato Fries
Green Beans
Pineapple 28

Nachos w/cheese
Hummus/Salsa
Rice
Tropical Fruit 29

Pizza
Broccoli
Cauliflower
Oranges 30

