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Nutrition Tip: Yogurt can be eaten in lots of fun ways. It can be made into a dip for fruits or veggies, used as a base for sauces or substituted for sour cream to top off your taco or baked potato. Try using yogurt in a smoothie to celebrate National Smoothie Day on June 22.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Pizza Crunchers
Green Beans
Tropical Fruit
Chex Mix

3

Cheeseburgers
Sweet Potato Fries
Peas
Tropical Fruit

4

Egg Omelets
Corn
Hashbrown Patties
Biscuits
Oranges

5

Cook's Choice

6

Sack lunches
Noon dismissal

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