

NEWS LETTER



Catholic Schools
United in Faith and Community

Catholic Schools Week Activities

- Monday, January 27th:**
St. Peter's
- Tuesday, January 28th:** Our Lady of the Americas
- Wednesday, January 29th:** St. John's
- Thursday, January 30th:** St. Ambrose
- Friday, January 31st:** All Saints

Dress Up Themes

- Monday:** Show your School Spirit w/ uniform bottoms
- Tuesday:** Wacky Day
- Wednesday:** Dress to impress
- Thursday:** Let your light shine - Wear Yellow
- Friday:** Teachers dress like students
students dress like teachers

Family Fun Night & Potluck
Families are assigned part of the pot luck by their grades. Bring a dish to share. Paper products and drinks will be provided. 6 pm dinner with games to follow.

Pot Luck

- Extended Care & PreK - Appetizers**
- K-3rd Grade - Main Dishes**
- 4th & 5th Grade - Side Dishes**
- 6th - 8th Grade - Desserts**



Jan. 24th - Jan. 31st

Grades Pre-k through 8th will do a "We Stand Up to Bullies" pledge.

We will read the "Stop a Bully" pledge and decorate hands. The hands will then be glued around the "Stop a Bully" pledge which states:

- I promise to treat others with respect and kindness.
- I promise to protect others who are being bullied.
- I promise to stand up to bullies and try to make them stop.
- I promise to tell an adult if I see someone being bullied.



This month in guidance, we have been talking about what it means to fill up someone's "bucket" or add to their "Emotional Bank Account".

We are encouraging kind words, actions and gestures to fill each other up! 1st-8th grade have an interactive bucket filling poster hung up in their classrooms that they add to.

The students can give shoutouts to each other and to teachers to help build a more positive classroom community!

Upcoming Events at Holy Family

Jan. 26th - Feb. 1 Catholic
Schools Week

Jan. 29th Noon Dismissal

Jan. 31st Family Fun
Night 6 pm - Potluck
Dinner & Games to follow

Feb. 7th \$1 Jeans Day

Feb. 13th Join us for a
Parent Presentation on
Social Media & Digital
Wellness (English, Spanish
& Burmese) - 6 pm. H.F.
gym

Feb. 14th 1 pm Dismissal

Feb. 14th \$1 Jeans Day

Feb. 14th Valentines Day
Parties

Check out what's happening at Holy
Family

Website

<https://hfcsdm.org/>

Facebook page

<https://www.facebook.com/holyfamilycatholicschooldsm>



Our school is participating in Kids Heart Challenge, kicking off on 1/27/2025 and it's time for you to sign up your student to become an official Heart Hero.

Sign up TODAY

Download the FREE AHA Schools App for Apple or Android and click on "Register Now" then scroll down to join your school's team.

OR click [HERE](#), and choose "Sign Up" to get started.

Every action counts. Whether it's learning about Hands-Only CPR, understanding the warning signs of heart attack and stroke, or simply sharing our cause with friends and family, together we are making an impact.

PLUS, any student who registers online and completes Finn's Mission BEFORE Kickoff Day will be recognized at the Kickoff Assembly!

*Finn's Mission is located at the top of your student's website after you log in!

Thank you so much for supporting our school and the American Heart Association!

The best way to predict the future
is to create it,