

# OCTOBER 2019

## Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

1  
2  
3  
4  
5  
6

Pizza 1  
Diced Carrots  
Celery Sticks  
Rosy Applesauce  
Banana Bread

2  
Cooks Choice

3  
No School  
Fall Break Starts

4

7

8

9

10

11

14  
Italian Dunkers  
Marinara Sauce  
Green Beans  
Peaches

15  
Hamburgers  
Baked Beans  
Carrots  
Pineapple

16  
Crispitos  
Corn/Salsa  
Spanish Rice  
Tropical Fruit

17  
Chicken Nuggets  
Broccoli/Cauliflower  
Goldfish Crackers  
Rosy Applesauce

18  
Pancakes on a stick  
Hashbrowns  
Carrot Coins  
Oranges

21  
No School

22  
Egg Omlets  
Smiley Fries  
Corn  
Tropical Fruit  
Granola Bar

23  
Chili  
Carrot & Celery  
Wheat Crackers  
Pears  
Roll

24  
Pepperoni Pizza  
Romaine Lettuce  
Cherry Tomatoes  
Pineapple  
Graham Cracker

25  
Chicken Patty  
Baked Beans  
Cucumbers  
Popcorn  
Mefon

28  
BBQ Pork Sandwich  
Sweet Potato Fries  
Green Beans  
Diced Peaches

29  
Nachos w/cheese  
Refried Beans  
Carrot sticks  
Rice  
Applesauce

30  
Pizza Crunchers  
Broccoli/Cauliflower  
Gold Fish  
Tropical Fruit

31  
Spooky Lunch<sub>1</sub>



WG Breads Served  
Skim Milk Served Daily